# BISHOP Out of the Box 



Called and
Attended
a worship
service of
a church
Im not a
member of


## Researched the story of when and why my parish was established


Volunteered
time at a
local non-
profit
 checked in with a fellow member of my church


Spent 20 minutes in centering prayer or meditation

Prayed for
one specific
person in
government
leadership
every day
for a week


Listened to a Stevenson School for Ministry podcast


