Resources for Caring for the Elderly

#1. Caring for Mom & Dad, narrated by Meryl Streep, will premiere nationally on PBS Thursday, May 7th, Mother's Day and Father's Day (please check local listings).

You can also stream the broadcast online within 24 hours of its premiere. Please visit the website: http://www.pbs.org/wgbh/caringformomanddad/ where you can meet the families, watch additional videos, and explore valuable resources.

Here is a trailer of the show: https://www.youtube.com/watch?v=DE2ER5xUBMg

Please find us on <u>Twitter</u> and <u>Facebook</u> where you can join the conversation. Feel free to share broadly on social media.

2. As Mother's Day and Father's Day approaches us our hearts turn to the ways we respect the dignity of our elders. In an article by Dr. Fredrica Harris Thompsett titled, *Provocative Headlines and Theological Lifelines*, aging and all its challenges is put into the context of the importance of The truth of God's Incarnation which is ageless. Fredrica invites us to consider aging as ongoing incarnation. The sacramental gift of proclaiming that "Christ [is] in us and we in him" which is fully present in every stage of life or else it is in none. How do we cultivate Christ's message of hope and service for older adults, families, and their caregivers? As a resource for families, especially those of the "sandwich generation" check out this You Tube video

