

***PRACTICING COMPASSION***

**WEDNESDAY, July 13, LABYRINTH WALK**

**6:30pm ~ Bring a friend!**

**St. Thomas Episcopal Outdoor Labyrinth**

**301 St. Thomas Road**

**Call (717) 569-3241 to register with Bev**

**Come join us as we walk the outdoor labyrinth  
unlocking our compassion and forgiveness toward  
ourselves and others. A forgiveness meditation will start  
the walk with a Gathering of Graces to follow.**

**Your facilitator, Carmel Stabley, is joined by host Jane  
Miron.**

**Please bring your lawn chair, an open heart and dress  
for the weather. We walk in light drizzle but convene  
indoors in poor weather.**

**Donation at the door as you are able. Refreshments will  
be served.**

***Forgive and you will be forgiven, give and it will be given  
to you a good portion packed down firmly shaken and  
overflowing. Luke 6:36-38***

**Release Unforgiveness.....Receive Compassion**

**Also ahead: Saturday, August 13 9am, Friday, September 16  
7:30 pm, and Saturday, October 8 9am**

*"I have walked the labyrinth several times during the past year and found the  
experience deeply centering and calming. God spoke to me in a unique way and  
revealed some profound revelations." Melissa Harlan, RN, MSN*