

ECW Retreat Chairperson
Amy Swiernik
3643 Witmer Circle
Mountville, PA 17554

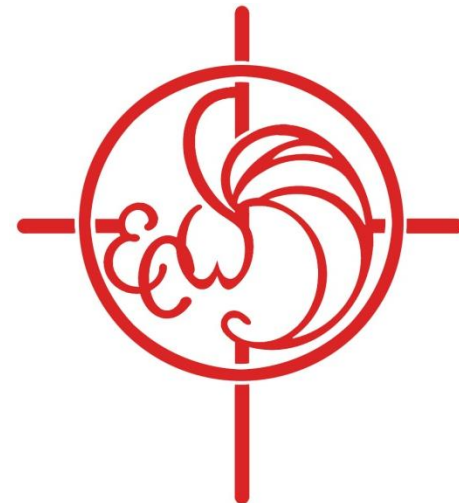
Episcopal Church Women Cape May Retreat

18th Year Celebration
September 27th – 29th, 2013

“Saints, Shopping & Sacred Reflections at the Seashore”

(Did I read that right??? Shopping??? Really!!!)

Presented by Reverend Barbara Seras
St. James Episcopal Church, Lancaster
Diocese of Central PA, Harrisburg



*The Cross represents Christ
and our service to Him in the world.
The Circle stands for our Hope for wholeness in our lives.
The out flowing lines from the center depict the many works of
the Episcopal Church Women, going out into the world.
The intertwined lines represent our lives centered in Christ.*

Episcopal Church Women,

All women throughout the Diocese of Central Pennsylvania are invited to come and celebrate our ministry as laywomen in the Body of Christ, the Church, in Cape May, NJ on September 27 - 29, 2013. *The Rev. Barbara Seras* will be presenting a program entitled, **"Saints, Shopping & Sacred Reflections at the Seashore"**. (say that 10 times fast!) All life is the sacramental, integrated and God-Present. As we enjoy the sights and sounds...and shopping...at the beach, we will together discover and experience how the goodness of God embraces us and all the saints in our everyday lives. (Sharing, strolling, swimming, surreys, siestas and sipping sodas at the seashore.)

Meeting the handicap accessibility standards for all events by the Diocese, lodging will be offered at the Marquis de Lafayette Hotel at 501 Beach Avenue. *All participants are to call and make lodging reservations for themselves and their roommates, see information below.* A block of rooms has been reserved until Friday August 23, 2013. You must ask for Joan Haber at extension 151, to receive the group rate. You will also send a registration form to the ECW coordinator for the cost of the retreat itself.

All retreat sessions will be held at The Marquis de Lafayette Hotel in the dining /conference room starting with session one on Friday evening at 6:30 pm. This room is where we will gather throughout the retreat weekend for sessions and social time. The Hotel offers additional gathering space in lobbies on floors 1, 4 and 5, and poolside. (last year was warm enough to swim – pool is heated). Retreat attendees are welcome to make accommodations at other hotels in the area.

We will attend The Church of the Advent on the corner of Washington and Franklin Streets, Sunday for the 8am service. Breakfast will be immediately following.



The Episcopal Church of the Advent
at the corner of Franklin and
Washington Streets

Registration Form:

— Supper Friday September 27th, 2013 is on your own.

I have made my reservation for soft and sumptuous at:

Marquis de Lafayette Hotel - 501 Beach Avenue 1-800-257-0432
Ask for Joan Haber, ext.151 to get the group rate for ECW.

— Includes: 2 nights lodging, Sat. All American breakfast and Sun. Brunch at the Lafayette after 8am Church service. (Reservation Deadline August 30, 2013 – block of rooms released)

___ I am lodging someplace other than the Marquis.

Retreat Program Cost: – Fee \$20.00, includes; speaker costs, mailings, supplies, etc. Checks payable to “Diocese of Central PA ECW”.

NAME: _____

ADDRESS: _____

(Stick a return address label here. Save some writing.)

PHONE # _____

E-MAIL: _____

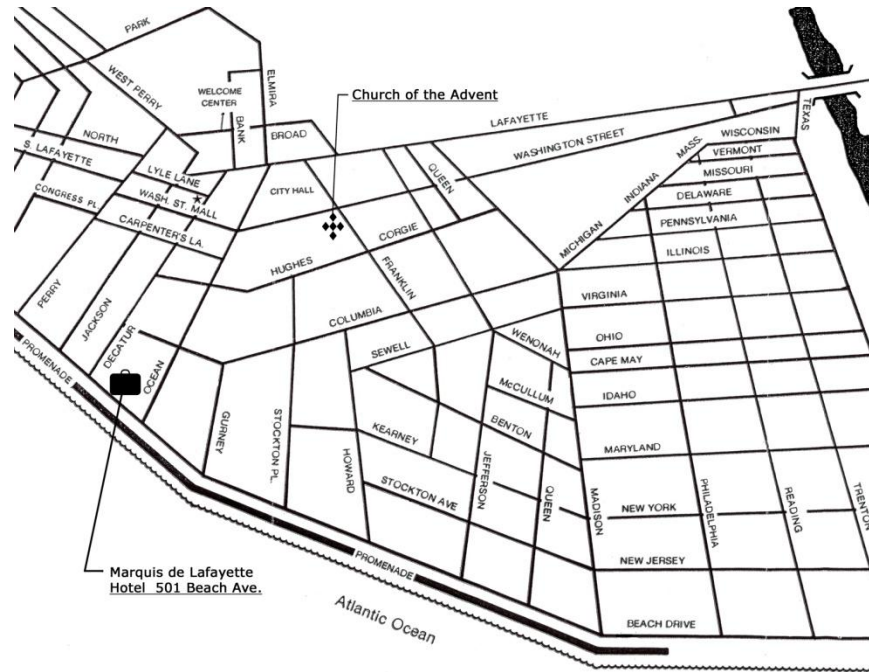
To confirm registration.

PARISH: _____

Please make retreat cost checks payable to **Diocese of Central PA ECW** and mail together with your registration to:
Amy Swiernik at 3643 Witmer Circle, Mountville, PA 17554
717-285-2036 amyecwcpa@comcast.net

Deadline September 6, 2013 - Should you need to cancel before 9/13/13, \$5 is non-refundable, after 9/14/13 there is no refund, unless there is an emergency situation.

Map of Cape May



Directions:

From PA Turnpike 76 East - to PA 276 across bridge into New Jersey to Exit Camden South for NJ Turnpike South. Take Exit 4 (Rt. 73 North toward Philly) then follow signs to 295 South getting onto Rte. 42 & the Atlantic City Expressway East, from AC Expressway take the Garden State Parkway South, straight to Route 109 South, cross Cape May Bridge, remain straight on Lafayette Street into center of town, see map above. Turn left onto Decatur Street to left on Beach Ave. Hotel on your left.

What to Bring:

- Bible, Book of Common Prayer.
- Chairs or towels for Eucharist on the Beach.
- Walking shoes, comfortable clothes.
- Snack or drink to share at evening social time.
- Camera.
- Did I mention chocolate?

Tentative Schedule of Events

Friday Evening:

4:00 – 7:00 pm

Check-in at Marquis de Lafayette.

6:30 - 7:00 pm

Retreat Registration at Lafayette Hotel dining room.

7:00 – 8:30 pm

Session One – gather in the Lafayette Hotel dining room.

8:30 pm

Compline.

8:45 – 9:30 pm

Social Gathering – light refreshments.

Saturday Morning:

8:30 – 10:00 am

Breakfast at the Lafayette dining room.

10:00 – 11:00 am

Eucharist on the Beach – bring chairs or towels.

11:30 - 1:30 pm

Session Two – Dining Room.

1:30 pm on

Free Time (beach, shopping, eat, tea houses, tours, rent a surrey or bikes)

AFTERNOON and DINNER are on your own – enjoy Cape May.

Saturday Evening:

7:00 – 8:30 pm

Session Three – Dining room.

8:30 pm

Compline.

8:45 – 9:30 pm

Social Gathering – light refreshments.

Sunday Morning:

7:30 am

Gather in lobby to walk to Church.

8:00 am

Holy Eucharist at “The Episcopal Church of the Advent”. Walk over or carpool as necessary.

9:00 – 11:00 am

Brunch at the Lafayette Hotel Dining Room. Check out and prepare for departure after brunch by 11:00am.

***Schedule Subject to change before retreat weekend.

As always, if you have additional questions don't hesitate to call Amy Swiernik at (717)285-2036 or email 'ECW' questions at amyecwcpa@comcast.net

Lodging:

Marquis de Lafayette Hotel - 501 Beach Avenue 1-800-257-0432

The Lafayette Hotel is a six story hotel located on Beach Avenue overlooking Cape May's promenade and the ocean. The totally smoke free hotel is centrally located on the beachfront in the Historic District of Cape May. Two short blocks from the Washington Street Mall and four blocks from the Church of the Advent. The rooms are air conditioned, include coffee makers, hairdryers and color cable TV. Refrigerators, microwaves and stovetops are included in the kitchenettes of suite rooms. A majority of the rooms are suites, with two double beds in one room, a bathroom and kitchenette separating the living room with a queen sofa pullout bed, allowing for greater flexibility in the number of people in each room. All rooms are oceanfront (no side view rooms) including front balconies furnished with rocking chairs. Elevators are located at each end of the building. Each room is assigned one parking space – carpooling is strongly suggested.

All retreat sessions will take place in the dining/conference room of this hotel.

Check the website at www.marquiscapemay.com for a full tour of the facility. Check in time begins at 4:00pm. Late arrivals welcome – please register 6:30 to 7 pm in the dining/conference room for session one Friday evening. Check out time is 11:00am on Sunday after breakfast.



Hotel Pricing: Call 1-800-257-0432 and ask for Joan Haber, ext. 151 to make your reservations for your stay in Cape May for the weekend of Sept 27-29, 2013 before August 23, 2013. Be sure to make your reservation with Joan Haber ext. 151 to get the group rate for ECW.

Room Options are:

Victoria Rooms - 2 double beds (sleeps 4). \$174.00 plus tax per night for two people, includes breakfast both mornings. There is an additional \$25 *cost per person*, per night for each additional person over two.

Calculated total weekend hotel pricing per person for two nights stay with the following occupancy is:

Double – two people in room, each person pays \$186.18 for the weekend (total room cost for weekend \$372.36)

Triple - three people in room, each person pays \$131.96 for the weekend (total room cost for weekend \$395.90)

Quad – four people in room, each person pays \$104.86 for the weekend (total room cost for weekend \$419.44)

Cape May Suites - 2 double beds, and sofa bed w/kitchenette (sleeps 6). \$204.00 plus tax per night for two people, includes breakfast both mornings. There is an additional \$25 *cost per person*, per night for each additional person over two. (Three people can easily sleep comfortably in their own beds in these rooms.)

Calculated total weekend hotel pricing per person for two nights stay with the following occupancy is:

Double – two people in room, each person pays \$218.28 for the weekend (total room cost for weekend \$436.56)

Triple - three people in room, each person pays \$153.36 for the weekend (total room cost for weekend \$460.10)

Quad – four people in room, each person pays \$120.91 for the weekend (total room cost for weekend \$483.64)

Five – five people in room, each person pays \$101.44 for the weekend (total room cost for weekend \$507.18)

Six – six people in room, each person pays \$88.45 for the weekend (total room cost for weekend \$530.72)